

INTRODUCTION

Let's pull back the curtains and take a fleeting glimpse into the spiritual realms that quietly shape the fabric of our human existence—the unseen forces at play beyond the veil of our daily lives. Now, imagine for a moment that the dark and malevolent powers we so often blame for humanity's downfall are not some distant, untouchable force lurking outside of us, but rather the very progeny of humanity's own making.

Through our own undoing—our lingering resistance to what is—a learnt response of pushing back, born from our ceaseless internal struggle with the present moment—we have consistently been denying the self, the very essence of who we are. In this endless act of self-denial, we have unknowingly given rise to a tidal wave of emotional neglect, where feelings and emotions were not only disregarded but rejected, dismissed, and relegated to the sidelines of our existence, time after time.

Something must have shifted within the unseen energy field in response to this ongoing emotional discard—a shift in the very frequencies from which all creation emerges. A stirring must have occurred, a subtle ripple that cascaded through time, sending waves across eternity, marking the birth of a new era of manifestation.

What became of all that discarded emotional energy, the lingering remnants of forsaken frequencies, now abandoned and left to fade? Could this be the very energy field that perpetuates the unravelling of our world, feeding the chaos we struggle to overcome? Through our relentless neglect, our constant distraction, and our growing disconnection from the depths of our inner emotional landscape, we may have unwittingly nurtured the very force that now threatens to consume us.

Perhaps these shadows of cruelty, despair, and destruction have not been thrust upon us by some external adversary but instead, have been quietly birthed through our own collective neglect, our unconscious choices, and our reluctance to confront our deeper truths.

This is an exploration of the unseen world that governs human behaviour—a deep dive into the spiritual realms beyond the reach of conventional psychological research. It uncovers the quantum energies that shape our existence within this physical reality and the interplay of frequencies that operate through each of us. It is a journey towards awakening, towards breaking free from the unconscious patterns that keep us bound.

Woven with profound spiritual insights revealed along the journey, this guide seeks to illuminate the deeper meaning behind the crucifixion and the divine wisdom embedded in Jesus Christ's transformative act of death and rebirth. His powerful demonstration was more than just a sacrifice—it was the sacred blueprint, designed to guide humanity's evolution into breaking free from the constraints of this physical realm that bind us and to step forward, onto the true path of ascension, to transcend the material world and embrace a higher state of being.

The crucifixion of Christ has been diminished in its meaning, His profound message distorted, and the transformative power of His death and resurrection obscured. Through misinterpretations of a deeply spiritual narrative, humanity has been led astray—becoming victims rather than victors. We have been taught to place our trust in a higher power outside of ourselves, relinquishing accountability for the reality we have, in truth, created. We have fallen into a saviour-perpetrator paradigm, where the world is seen through the duality of good and evil, God and the devil, separating us from our own divine potential.

This book seeks to reignite the powerful spiritual message embedded in the teachings of Jesus Christ and the true alchemy of His crucifixion—an ancient wisdom that He sought to impart to us: the understanding that the power to transcend the confines of this material world resides within each of us. We are not mere passive observers in some grand cosmic battle; rather, we are the active architects of our own reality, gifted with the divine ability to rise above the illusions that keep us tethered to lower states of being. Through this, we can break free from the limitations that bind us and awaken to our true, limitless potential.

CHAPTER 1



THE SPIRITUAL QUEST

It all began after a life-altering car accident in 1997, when I was just 20 years old. That moment marked the departure of my original soul, Vega, who had perfectly set the stage for the second soul, Nova, to step in. This transition was not a random event but a carefully orchestrated agreement between two souls—a divine arrangement designed for a greater purpose.

The first soul, Vega, had already served her purpose, which was to experience, in the rawest form, what it felt like to be fully consumed by the negative energies that flow through us all. She was meant to lose herself—to become so deeply imbedded in her vessel's own maze of shadows that she would become totally overwhelmed, sending her human avatar down a path of self-destruction.

Vega's departure in that moment was not a failure. Her descent into the unconscious world was to help her understand firsthand how easily a soul can lose control of its vessel when these darker frequencies take hold. She set in place the perfect energetic blueprint for Nova to enter.

Nova, a being of higher consciousness, entered the heart of this chaos—into a life saturated with ancestral baggage, a bloodline carrying aeons of unresolved emotional discard, traumas and unhealed psychological

patterns passed down through the generations. Her mission was to pick up where Vega had left off and to release the karma that lingered behind.

She was to delve into these shadows, the mysterious and enigmatic forces that lurk in the unseen realms. Her journey was one of profound discovery—to decipher the very essence of these dark energies, to uncover their origins, to trace their twisted roots within the human experience. But her mission went deeper still.

Nova was to unlock the profound secret of transmutation—the ancient alchemical art of transforming negative, low-vibrational frequencies into higher, more positive ones. In doing so, she would unleash them from their dark confines, setting them free to return to the light. She was to learn how to transmute the destructive nature of these dark forces, releasing their grip on her subconscious mind, and thereby freeing her own physical vessel, allowing her to ascend beyond the limits of the material world.

She was destined to unveil the depths of the hidden shadow world, to offer it a voice, to illuminate its secrets, and to share the profound truths she uncovered. Her true calling was to awaken humanity to its forgotten potential—to remind us of the inherent power we possess, to alchemise frequency, and to shape our reality by harnessing the boundless gift of free will.

Her journey would unveil our innate ability to transmute the shadows that taint us, freeing ourselves from our own darkness and guiding us to reclaim our birthright as infinite creators. In doing so, we can unlock the boundless potential within, the ability to craft a reality brimming with infinite possibility.